

# Kid Krazy Preschool – Covid 19 Policies and Procedures for Staff, Children, and Families

July 2023 (Amended July 10, 2023)

Please note that this policy supersedes our general school policy and may change throughout the school year as updated information from the CDC and the DOH are provided.

## After Being Exposed to COVID-19

### START PRECAUTIONS

Immediately

Wear a [mask](#) as soon as you find out you were exposed (**Children in our Tots and Bees do not wear mask**)

**Start counting from Day 1**

- Day 0 is the day of your last exposure to someone with COVID-19
- **Day 1 is the first full day** after your last exposure

### CONTINUE PRECAUTIONS

10 Full Days

You can still develop COVID-19 up to 10 days after you have been exposed

Take Precautions

**Wear a high-quality [mask](#) any time you are around others inside your home or indoors in public<sup>1</sup>**

- Do not go places where you are unable to wear a mask.
- **Take [extra precautions](#) if you will be around people who are [more likely to get very sick from COVID-19](#).**

Watch for symptoms

- fever (100.4°F or greater)
- cough
- shortness of breath

**If you develop symptoms**

- [isolate immediately](#)
- [get tested](#)
- stay home until you know the result

If your test result is positive, follow the [isolation recommendations](#).

## GET TESTED



Day 6

Get tested at least 5 full days after your last exposure  
Test even if you don't develop symptoms.

### IF YOU TEST

Negative

**Continue taking precautions through day 10**

- Wear a high-quality mask when around others at home and indoors in public  
**You can still develop COVID-19 up to 10 days after you have been exposed.**

### IF YOU TEST

Positive

[Isolate immediately](#)

## When to Isolate

When you have COVID-19, isolation is counted in days, as follows:

If you had no symptoms

- **Day 0 is the day you were tested** (not the day you received your positive test result)
- **Day 1 is the first full day** following the day you were tested
- If you develop [symptoms](#) within 10 days of when you were tested, the **clock restarts at day 0 on the day of symptom onset**

If you had symptoms

- **Day 0 of isolation is the day of symptom onset**, regardless of when you tested positive
- **Day 1 is the first full day** after the day your [symptoms](#) started

## Isolation

If you test positive for COVID-19, **stay home for at least 5 days and isolate from others in your home.**

You are **likely most infectious during these first 5 days.**

If you had symptoms and:

Your symptoms are improving

You **may end isolation after day 5** if:

- You are fever-free for 24 hours (without the use of fever-reducing medication).

Your symptoms are not improving

**Continue to isolate** until:

- You are fever-free for 24 hours (without the use of fever-reducing medication).
- Your symptoms are improving.<sup>1</sup>

If you had symptoms and had:

Moderate illness (you experienced shortness of breath or had difficulty breathing)

You need to **isolate through day 10**.

Severe illness (you were hospitalized) or have a weakened immune system

- You need to **isolate through day 10**.
- **Consult your doctor** before ending isolation.

Removing Your Mask



**After you have ended isolation, when you are feeling better** (no fever without the use of fever-reducing medications and symptoms improving),

- Wear your mask through day 10.

**OR**

- If you have access to antigen tests, you should consider using them. With two sequential negative tests 48 hours apart, you may remove your mask sooner than day 10.

Note: If your antigen test results<sup>2</sup> are positive, you may still be infectious. You should continue wearing a mask and wait at least 48 hours before taking another test. Continue taking antigen tests at least 48 hours apart until you have two sequential negative results. This may mean you need to continue wearing a mask and testing beyond day 10.