Kid Krazy Preschool

25-19 27 Street

Astoria, NY 11105

Safe Sleep Policy

Safe Sleep Environment for Infants

- Infants will be placed flat on their backs to sleep at all times unless a written medical instruction is given from the infant's primary care provider directs otherwise. Infants will not be placed on their side to sleep.
- There shall only be one infant per single crib. The crib must be approved by the United States Consumer Product Safety Commission (CPSC) and is in compliance with the American Society for Testing and Materials (ASTM) International for infant sleep equipment. Stackable cribs and traditional drop-side cribs and immobilizers are prohibited under Federal regulations.
- Infant is to be placed on a firm mattress designed specifically for the crib being used. The mattrass will be covered by a tight fitted sheet which will fit flush with the sides of the crib.
- Under the New York City Department of Health, all loose bedding, blankets, bumper pads, pillows, toys and sleeping devices not medically prescribed are prohibited for any use in a crib.
- Bedding will be changed prior to placing an infant in the crib previously occupied by another infant.
- Infants are to never sleep on a bean bag chair, futon seats, bouncy seats, infant swing or highchair, playpens or other furniture/equipment not designed and approved for infant sleep purposes and meeting safe sleep environment guidelines.
- If an infant is found to be sleeping in area other than a safe sleep environment, the infant must be moved upon discovery to a safe sleep environment.
- Prior to placing an infant in the crib, all bibs, necklaces, and garments with ties or hoods must be removed. This will reduce a choking and tangling hazard.
- Adequate ventilation, temperature and humidity must be maintained in each room used by the children. The room must be maintained at a comfortable temperature, for a lightly clothed adult. The infant shall be dressed lightly for sleep, generally in no more than one layer than an adult. The infant could be at risk if you notice sweating, damp hair, flushed cheeks, heat rash, and/or rapid bleeding.
- The following precautions are to eliminate the conditions in the sleeping area that pose a safety or health hazard to infants:
    - Ensure the crib does not have any loose parts or missing slats.
    - Only manufactured parts can be used to repair a crib. Makeshift repairs can create a hazard.

- A crib shall never be placed next to a window with a blind, curtain cords or baby monitor cords.

Constant Line of Sight Supervision and 15-Minute Observations of Sleeping Infants

- Infants must be directly supervised by staff and keep children within hier line of sight at all times, including whilst sleeping.
- Sleeping infants must be observed every 15 minutes for signs of distress that require intervention (overheating, irregular breathing, etc.). If an infant is is in any physical or medical distress, take immediate emergency response as needed.
- Each observation must be documented on the form provided by the New York State Department of Health.
- Infant movement monitors or infant apnea monitors do not replace the childcare service from observing the infants and noting the observations.
- The infant sleep log observations must be kept by the Educational Director for two weeks. In any case that intervention is taken to assist an infant in distress, the form shall be maintained in the child's medical records until she remains enrolled in the childcare service.
- The observations form must be readily available by the Health Department.

All staff and volunteers are to be provided with copies of the Written Safety Plan, including the Infant Safe Sleep policy. Instructions will be given to them on how to implement the plan's policy and procedures. This includes procedures for child supervision, how to create and maintain safe sleeping environments for infants, and how and when to recognize signs of distress in sleeping infants.
Each year, staff and volunteers will be trained regularly in the written safety plans emergency procedures. The training will include a detailed review of the written safety plan and conduct real-time drills, announced and unannounced. This will allow staff to demonstrate competency in:

- Emergency medical response
- CPR and first aid proficiency of certified staff
- Critical incident response
- Evacuation procedures other than the monthly fire drills required by Article 47, under the New York State Health Department

The Educational Director shall maintain documentation conveying that the staff has received the written safety plan and has conducted trainings on implementation and emergency response drills.
Documentation will include:

- Date and time training was conducted
- Evaluation of staff performance
- Recommendations for improvements in the training or amendments to the safety plan.
- This documentation must be readily available for by the Health Department

Parent Orientation Upon Child Enrollment

All children who are enrolled in the childcare facility must be notified of the program's policy and procedures for supervision, which include the safe sleep policy and emergency and illness management as specified in the written safety plan. Parents are also provided with the DOHMH brochure "How to get Information about Child Care".